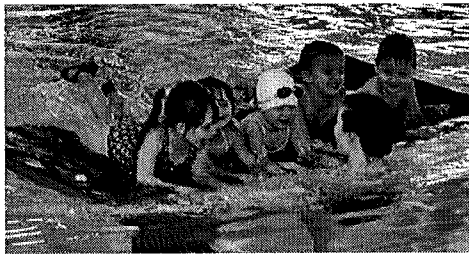


Swim Center

FOREST PARK SWIM CENTER



Winter Schedule Jan 2 - June 20

Closures
Jan 18, Feb 15,
May 31

Pool, Sauna and Hot Tub available during the following hours:

MONDAY - THURSDAY	
6 - 8:30am	Early Bird Lap Swim / Parent Tot Swim
10:30am - noon	Lap Swim / Park Programs
Noon - 1:30pm	Open Swim
5 - 6:30pm	Lap Swim 3 lanes / Swim Lessons
7:30 - 8:45pm	Open Swim / Lap Swim 1 lane
FRIDAY	
6 - 8:30am	Early Bird Lap Swim
8:30 - 10:30am	Lap Swim / Park Program 3 lanes
11am - 1:30pm	Open Swim
4:30 - 5:45pm	Lap Swim 3 lanes / Family Swim
6 - 7:15pm	Open Swim w/pool inflatable / no deep end or lap lane
7:30 - 8:45pm	Open Swim / Lap Swim 1 lane
SATURDAY	
10am - noon	Lap Swim 3 lanes / Swim Lessons
12:30 - 2pm	Open Swim / Lap Swim 1 lane
2:15 - 3:45pm	Family Swim – Parents <i>must</i> accompany children into the water
SUNDAY	
9:30 - 10:30am	Lap Swim / Park Programs
10:30am - noon	Family Swim / Lap Swim 2 lanes
12:30 - 2:30pm	Open Swim / Lap Swim 1 lane

STATE HEALTH REGULATIONS:

Children who are not toilet-trained must wear swim diapers with rubber pants over the top. Small children should be taken on frequent bathroom breaks to avoid contamination of the pool. Persons with an infectious illness including vomiting or diarrhea within the past seven days should not enter the pool.

SWIM PRICES

Youth (17 and under)	\$2.50
Adult (18-61)	\$3
Senior (62 and up)	\$2.50
Family Discount	\$7
(Parents MUST be in pool with children)	
Special Needs	\$2.25
Lockers	\$0.25

RESIDENT DISCOUNT CARDS

10 swims - no expiration date	
Youth and Senior	\$19.50
Adult	\$23.50
Special needs	\$17.50
Family	\$54.50

SWIM CARDS

10 swims - no expiration	
Youth and Senior	\$25.00
Adult	\$30.00
Special Needs	\$22.50
Family	\$70

HEALTH & SAFETY

CHILDREN

Children 7 and under and less than 4 feet tall must be accompanied in the water by an adult 18 years or older. Adults must stay within arms' reach of the child at all times. One adult is required for every 2 children.

FAMILY SWIM

A family is defined as parent/guardian and their children. Up to 5 in a family are admitted for \$7 (2 adults and 3 children). Parents *must* accompany children into the water.

PARENT/TOT SWIM

Monday-Thursday, 6-8:30 a.m. Children 12 and under are admitted. Child must be accompanied in the water by an adult and be supervised at all times. Rope swing and diving board may not be available.

LAP SWIM

During scheduled lap swim, 3 lanes or more may be available. Lap swim etiquette needs to be followed. Swimmers share lanes using circle swimming and speed guidelines. Children 12 and older may participate in lap swim when accompanied by a participating adult.

SAUNA/HOT TUB

General admission for swim sessions allows use of sauna and hot tub for those 16 and over. The hot tub is kept between 100 and 102 degrees. If you are pregnant or taking medications, please consult your physician before use.

CLOTHING, GEAR, FOOD

Masks, fins and snorkels are subject to the approval of the supervisor on duty. Street clothes are not allowed in the pool. Guests wearing street clothes must stay in designated viewing areas. All food and beverages must be kept in designated viewing areas.

LARGE GROUPS

Please call Kathi Kay at 425-257-8352 for reservations. Groups of 10 or more may be scheduled only during open swim times. A confirmation number will be issued at the time of reservation.

New INFLATABLE FUN RUN PARTIES

Parties are available for groups on Sunday afternoons. Your group can enjoy playing on our 51 foot inflatable obstacle course followed by a party on the pool deck. \$150 for up to 50 people. Please contact the recreation office to schedule at 425-257-8300 ext. 2.